

Fachhochschule Dortmund

University of Applied Sciences

Course of studies Film/Television – Department of Cinematography

Documentary

Title:	„Helene ...5 Days In August“	
Length:	14min 35sec	
Recording Format:	MiniDV	
Screening Format:	Beta SP/DigiBeta	
Aspect Ratio:	4:3 (Letterbox), PAL 16:9 (anamorph), PAL	
Sound Format:	Stereo	
Language:	German	
Subtitle Language:	English	
Director:	Jan Hering	
DoP:	Jan Hering	
Editor:	Jan Hering	
With:	Helene Hering, Sigrid Hering, Bernd Hering, Ilka Hering and Niels Karlson Hering	
Production:	Jan Hering in co-operation with FH-Dortmund Germany 2005	

Synopsis

„A closer look. 5 days. Specific details, everyday routine. But there is a special ambition, a certain interrelation. All of this action leads to one big goal. A film about growing old and living together in my family. A film about my grandma, about us and about me. Banal, yes, but not unimportant at all.“

The Filmmaker



Jan Hering

Biography

Born 1974 in Minden/Westfalen.

1994 Abitur (University Entrance Diploma)

1995-1996 Served Civil Service

1996-1999 Apprenticeship as a photographer

2000-2006 Studies at
 University of Applied Sciences Dortmund
 Course of Studies Film/TV
 Department of Cinematography

2006 Diploma (M.A. Equivalent)

Filmography

"WSP 13" - Germany 2001

"Sommerbad" - Germany 2003

"Balkan Beats Berlin" - Germany 2005

"Helene 5 Days in ...August" - Germany 2005

"Od Ruke Do Ruke" - Croatia/ Germany 2006

Background

"This film was shot in five days just before my grandmother's 93th birthday in August 2004. The camera accompanies the preparations that are made in order to celebrate this special day. The action shown displays the company and everyday life in my family. I paid specific attention to the small things like a special gesture and a facial expression, rather than spotlighting on the big problems or any tensions between the family members. I had had in mind realizing this film for quite some time. But the smaller projects tend to be shifted to the near future while it seems there is always something "more important" to do – especially when one thinks that the current surrounding family remains a reliable constant in one's life. I've learned that you have to be very careful, thinking that there is plenty of time to bring your ideas to life. Sometimes it turns out there is only one chance to do so. My grandmother Helene Hering died in 2005, just a few days before her 94th Birthday.

This film is dedicated to her.

Jan Hering

Festivals

BLICKE AUS DEM RUHRGEBIET – FILMFESTIVAL BOCHUM, NOV 2005
“Jury-Award” and “Audience-Award”

AFO INTERNATIONAL FILMFESTIVAL 2006 - Panorama Student Films

Contact

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